

\*Please note the files are designed specifically to be opened in **Adobe Reader**, which is a free download  
Here is the link in case you don't have that program on your computer <http://get.adobe.com/reader/>.  
Print on heavy card stock or full page sticker paper cut labels in columns and punch with a 2" hole punch.  
\*\*\* If you need to change the font, size or color hit Ctrl+E or CMD+E in Mac or View > Tool Bars > Properties Bar

